

## 12-item abbreviated Three-Dimensional Wisdom Scale (3D-WS-12) (Thomas et al., 2017)

[Note for investigators: *c* = *cognitive dimension*; *r* = *reflective dimension*; *a* = *affective (compassionate) dimension*; *rev* = *reversed*

Delete those abbreviations and the above title before administering the test. Respondents should not know that they fill out a “wisdom” scale.

After data have been collected, reverse the scales for all items that are labeled with “*rev*” and then compute the average of the 12 items to get an overall wisdom score. A relatively high wisdom score is indicated by average scores of 4 or higher on *each* of the three wisdom dimensions (strong criterion) or a score of 4 or higher on the average of the three wisdom dimensions (weaker criterion). Conversely, a relatively low wisdom score is indicated by average scores below 3 on *each* of the three wisdom dimensions (strong criterion) or a score below 3 on the average of the three wisdom dimensions (weaker criterion).]

### How much are the following statements true of yourself?

	Definitely true of myself (1)	Mostly true of myself (2)	About half-way true (3)	Rarely true of myself (4)	Not true of myself (5)
1. I can be comfortable with all kinds of people.	<i>a-rev</i>				
2. I try to anticipate and avoid situations where there is a likely chance I will have to think in depth about something.	<i>c</i>				
3. When I look back on what has happened to me, I can't help feeling resentful.	<i>r</i>				
4. Sometimes I feel a real compassion for everyone.	<i>a-rev</i>				
5. A problem has little attraction for me if I don't think it has a solution.	<i>c</i>				
6. I either get very angry or depressed if things go wrong.	<i>r</i>				
7. I don't like to get involved in listening to another person's troubles.	<i>a</i>				
8. I prefer just to let things happen rather than try to understand why they turned out that way.	<i>c</i>				

	Definitely true of myself (1)	Mostly true of myself (2)	About half-way true (3)	Rarely true of myself (4)	Not true of myself (5)
9. When I am confused by a problem, one of the first things I do is survey the situation and consider all the relevant pieces of information.	<i>r-rev</i>				
10. I'm easily irritated by people who argue with me.	<i>a</i>				
11. I am hesitant about making important decisions after thinking about them.	<i>c</i>				
12. Sometimes I get so charged up emotionally that I am unable to consider many ways of dealing with my problems.	<i>r</i>				

Reference: Thomas, M. L., Bangen, K. J., Ardel, M., & Jeste, D. V. (2017). Development of a 12-item abbreviated Three-Dimensional Wisdom Scale (3D-WS-12): Item selection and psychometric properties. *Assessment, 24*(1), 71-82.  
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