

CURRICULUM VITAE

Robin Lea West

Professor, Department of Psychology
University of Florida, Gainesville, Florida 32611

EDUCATION:

Ph.D. in psychology, Vanderbilt University, December, 1980
M.A. in psychology, Vanderbilt University, August, 1978
B.A. with distinction, University of Nebraska, May, 1973

PRESENT RESEARCH INTERESTS:

Cognitive development across the life span, especially everyday memory and intervention; Self-regulation and aging: goals, self-efficacy, control; Multivariate models for memory prediction

PRESENT TEACHING INTERESTS:

Psychology and Aging, Gerontology, General Psychology (undergraduate) / Memory and Aging, Social Cognition and Aging, Gerontology (graduate)

PROFESSIONAL POSITIONS:

Full Professor, Dept. of Psychology, University of Florida (UF), 2004 to present
Graduate Coordinator, Dept. of Psychology, 2007-2010
Training Director, Developmental area, Dept. of Psychology, 2005-2007
Associate Professor, Dept. of Psychology, UF, 1990-2004
Associate Director for Education, Institute on Aging, 1999-2002
Director/Interim Director, Center for Gerontological Studies, 1998-2002
Director, Everyday Memory Clinic, 2002- present
Associate Director, Center for Gerontological Studies, 1991-1997 (exc. sabbatical)
Training Director, Developmental area, Dept. of Psychology, 1990-1997 (exc. sabbatical)
Fulbright Fellow, 1995
Brookdale National Fellow, 1989-1992
Assistant Professor, Dept. of Psychology, UF, 1987-1990
Director of Curriculum, Center for Gerontological Studies, 1986-1990
Postdoctoral Research Fellow, Aging and Development Laboratory, Washington University (St. Louis), 1983-1984
Visiting Appointments:
--Brandeis University, Dept. of Psychology and Volen Center for Complex Systems, 2005
-- Institute for Information Processing and Decision Making, University of Haifa, Israel, 1995
-- Brookdale Institute of Gerontology & Adult Human Development in Israel, and Hebrew University Dept. of Psychology, Jerusalem, 1990-1991.
-- Dept. of Psychology/Dept. of Clinical and Health Psychology, University of Florida, 1984-1987.
-- Department of Psychology, Memphis State University, 1980-1983.
Research Consultant:
--Erik Johnston and Dara Wald, 2013: experimental methods for grant on empathy and water conservation policy choices
--Dara Wald, 2012-2013: statistical analysis for study of beliefs about wildlife
--Steven Craig and Paulina Rippere, 2011: experimental methods for political campaigning study
--Chris Hertzog and John Dunlosky, 2000: NIH research grant on metamemory intervention
--Memory Assessment Clinics, Inc., 1988 - 1992: memory training, everyday memory
--Memphis --National Council of Jewish Women, 1976-1977: Senior Needs Assessment

PROFESSIONAL ASSOCIATIONS:

American Psychological Association (APA)
Gerontological Society of America (GSA)
National Council on Aging
Society for Applied Research in Memory and Cognition (SARMAC)
American Society on Aging (ASA)

HONORS:

M. Powell Lawton Distinguished Contribution Award for Applied Gerontology, 2014
Selected for Who's Who in America (65th ed. 2011)
Selected for Who's Who of American Women (27th ed. 2008, 28th ed. 2010)
Outstanding Research Mentor Award, Network for Biobehavioral and Social Research and Training in Aging, University of Florida, 2009
Selected for World Who's Who of Women (15th ed., 2009)
Science for Life Distinguished Mentor Award (funded by the Howard Hughes Medical Institute) for mentoring of undergraduate science research, University of Florida, 2007
MindAlert Award (for best older adult mental fitness program), ASA and METLife Foundation, 2007 (national)
Mentor Award, APA Division 20 and Retirement Research Foundation, 2006 (national)
Elected Fellow APA Division 3 (Experimental Psychology), 2002 (national)
Fulbright Foreign Scholarship in Israel, 1995 (international)
TIP Award for teaching excellence, University of Florida, 1994
Elected Fellow APA Division 20 (Adult Development and Aging), 1994 (national)
Elected Fellow GSA Behavioral and Social Sciences Section, 1994 (national)
Brookdale National Fellowship, Brookdale Foundation, 1989 (national)
Outstanding Faculty Award, Students for the Advancement of Gerontological Education, University of Florida, 1986

PUBLICATIONS (books and academic papers):

A complete listing of magazine articles and other nonrefereed publications are available on request.

- Dark-Freudeman, A., Ebner, N. C., & West, R. L. (In press). Psychosocial concerns in Geriatric rehabilitation. In Light, K. E. (ed.). *Geriatrics: Evidence-Based Rehabilitation*. Philadelphia: F.A. Davis. [invited, refereed]
- West, R. L. & Stone, K. (2014). Age differences in eyewitness memory for a realistic event. *Journal of Gerontology: Psychological Sciences*, 69, 338-347.
- Percival, S. S., & West, R. L. (2013). Effect of health-promoting properties of grapes, including resveratrol 197. In Skinner, M. & Hunter, D. (Eds). *Bioactives in fruit: Health benefits and functional foods*. New York: Wiley-Blackwell. [invited, refereed]
- McGinty, H. L., Dark-Freudeman, A., & West, R. L. (2013). Health hopes and fears for the future in relation to health behavior and current health status. *Journal of Health Psychology*, 18, 1509-1518.
- West, R. L., Ebner, N., & Hastings, E. C. (2013). Linking goals and aging: Experimental and life-span approaches. In E. Locke & G. Latham (Eds.) *New Developments in Goal Setting and Task Performance* (pp. 439-459). New York: Psychology Press. [invited, refereed]
- West, R. L. (2012). A commentary on historical and innovative approaches to memory intervention for older adults. [Commentary on article by McDaniel and Bugg: Memory training interventions: What has been forgotten.] *Journal of Applied Research in Memory and Cognition*, 1, 53-55. [invited, refereed]
- West, R. L., & Hastings, E. C. (2011). Self-regulation and recall: Growth curve modeling of intervention outcomes for older adults. *Psychology and Aging*. 26, 803-812.
- Hastings, E. C., & West, R. L. (2011). Goal orientation and self-efficacy in relation to memory in adulthood. *Aging, Neuropsychology, and Cognition*, 18, 471-493.

- Rowe, C. A., Nantz, M. P., Nieves, C., West, R. L., & Percival, S. S. (2011). Regular consumption of concord grape juice benefits human immunity. *Journal of Medicinal Food*, 14, 69-78. [NOTE: the authorship is in reverse order in this journal; first author is listed last]
- Wong, S., & West, R. (2010). Effects of mood induction on performance test anxiety. *University of Florida Journal of Psychological Science*, 1, 3-21.
- Berry, J., Hastings, E., West, R., Lee, C., & Cavanaugh, J. (2010). Memory aging: Deficits, beliefs, and interventions. In J.C. Cavanaugh, C. K. Cavanaugh, J. M. Berry, & R. L. West, Eds., *Aging in America, Volume 1: Psychological Aspects of Aging* (pp. 255-299). New York: Praeger Press.[invited]
- J.C. Cavanaugh, C. K. Cavanaugh (Series Editors.), J. M. Berry, & R. L. West (Volume Editors.) (2010). *Aging in America, Volume 1: Psychological Aspects of Aging*. New York: Praeger Press. [invited]
- Miller, L. M. S., & West, R. L. (2010). The effects of age, control beliefs, and feedback on self-regulation of reading and problem solving. *Experimental Aging Research*, 36, 40-63.
- Hastings, E. C., & West, R. L. (2009). The relative success of a self-help and group-based memory training program. *Psychology and Aging*, 24, 586-594.
- West, R. L., Dark-Freudeman, A., & Bagwell, D. K. (2009). Goals-feedback conditions and memory: Mechanisms for memory gains in older and younger adults. *Memory*, 17, 233-244.
- Bagwell, D. K., & West, R. L. (2008). Assessing compliance: Active vs. inactive trainees in a memory intervention. *Clinical Interventions in Aging*, 3, 371-382.
- West, R. L., Bagwell, D. K., & Dark-Freudeman, A. (2008). Self-efficacy and memory aging: The impact of a memory intervention based on self-efficacy. *Aging, Neuropsychology, and Cognition*, 15, 302-329.
- West, R. L., & Smith, S. L. (2007). Development of a hearing aid self-efficacy questionnaire. *International Journal of Audiology*, 46, 759-771.
- Smith, S. L., & West, R. L. (2006). Hearing aid self-efficacy of new and experienced hearing aid users. *Seminars in Hearing*, 27, 325-329.
- Smith, S.L., & West, R. L. (2006) The application of self-efficacy principles to audiological rehabilitation: A tutorial. *American Journal of Audiology*, 15, 46-56. [paper selected as *Most Thought Provoking* paper of 2006; In Wark, D. J. (2007). The Best of 2006: Audiological Rehabilitation. *The Hearing Journal*, 60, 24-28.]
- West, R. L., Bagwell, D. K., & King, A. (2006). The impact of group size on memory and memory beliefs: A methodological report. *Experimental Aging Research*, 32, 297-316.
- Dark-Freudeman, A., West, R. L., & Viverito, K. M. (2006). Future selves and aging: Older adults' memory fears. *Educational Gerontology*, 32, 85-109.
- West, R. L., Bagwell, D. K., & Dark-Freudeman, A. (2005). Memory and goal setting: The response of older and younger adults to positive and objective feedback. *Psychology and Aging*, 20, 195-201.
- West, R. L., & Yassuda, M. S. (2004). Aging and memory control beliefs: Performance in relation to goal setting and memory self-evaluation. *Journal of Gerontology: Psychological Sciences*, 59B, P56-P65.
- West, R. L. (2003). *Everyday memory clinic workbook*. Gainesville, FL: Everyday Memory Clinic.
- West, R. L., Thorn, R. M., & Bagwell, D. K. (2003). Memory performance and beliefs as a function of goal setting and aging. *Psychology and Aging*, 18, 111-125.
- West, R. L., Welch, D. C., & Knabb, P. D. (2002). Self-efficacy, gender, and aging: Spatial self-efficacy and location recall. *Basic and Applied Social Psychology*, 24, 71-80.
- Bagwell, D. K., & West, R. L. (2002, Spring). Survey of Division 20 Award Winners. *Adult Development and Aging News*, 29, pp. 25, 27. [invited]
- West, R. L., Welch, D. C., & Thorn, R. M. (2001). The effects of goal-setting and feedback on memory performance and beliefs among older and younger adults. *Psychology and Aging*, 16, 240-250.
- West, R. L., & Thorn, R. M. (2001). Goal-setting, self-efficacy, and memory performance in older and younger adults. *Experimental Aging Research*, 27, 41-65.

- Cherry, K. E., West, R. L., Reese, C. M., Santa Maria, M. P., & Yassuda, M. (2000). The Knowledge of Memory Aging Questionnaire. *Educational Gerontology*, 26, 195-220.
- West, R. L., Welch, D. C., & Yassuda, M. S. (2000). Innovative approaches to memory training for older adults. In R. D. Hill, L. Backman, & A. S. Neely (Eds.), *Cognitive rehabilitation in old age* (pp. 81-105). Oxford, UK: Oxford University Press. [invited]
- Welch, D. C., & West, R. L. (1999). The Short Portable Mental Status Questionnaire: Assessing cognitive ability in nursing home residents. *Nursing Research*, 48, 329-332.
- West, R. L., Yassuda, M. S., & Welch, D. C. (1997). Imagery training via videotape: Progress and potential for older adults. *Cognitive Technology*, 2, 16-21. [invited]
- West, R. L., Dennehy-Basile, D., & Norris, M. P. (1996). Memory self-evaluation: The effects of age and experience. *Aging, Neuropsychology, and Cognition*, 3, 67-83.
- Diekstra, R., & West, R. (1995). *Brainjoggen*. Utrecht, Netherlands: A. W. Bruna Uitgevers.
- Welch, D. C., & West, R. L. (1995). Self-efficacy and mastery: Its application to issues of environmental control, cognition, and aging. *Developmental Review*, 15, 150-171.
- West, R. L. (1995). Compensatory strategies for Age-Associated Memory Impairment (AAMI). In A. D. Baddeley, B. A. Wilson, & F. N. Watts (Eds.), *Handbook of memory disorders* (pp. 481-500). London: John Wiley. [invited]
- West, R. L. (1994). A tutorial on aging and cognition: Bringing aging research into the mainstream [Review of Aging and cognition: Mental processes, self-awareness, and interventions]. *Contemporary Psychology*, 39, 479-480. [invited]
- West, R. L., & Berry, J. M. (1994). Age declines in memory self-efficacy: General or limited to particular tasks and measures? In J. D. Sinnott (Ed.), *Interdisciplinary Handbook of Adult Lifespan Learning* (pp. 426-446). Westport, CT: Greenwood Press.
- Berry, J. M., & West, R. L. (1993). Cognitive self-efficacy in relation to personal mastery and goal setting across the life span. *International Journal of Behavioural Development*, 16, 351-379.
- Norris, M. P., & West, R. L. (1993). Activity memory and aging: The role of motor retrieval and strategic processing. *Psychology and Aging*, 8, 81-86.
- Crook, T. H., West, R. L., & Larrabee, G. J. (1993). The driving-reaction time test: Assessing age declines in dual-task performance. *Developmental Neuropsychology*, 9, 31-39.
- West, R. L., Crook, T. H., & Barron, K. L. (1992). Everyday memory performance across the life span: The effects of age and noncognitive individual differences. *Psychology and Aging*, 7, 72-82.
- West, R. L., & Crook, T. H. (1992). Video training of imagery for mature adults. *Applied Cognitive Psychology*, 6, 307-320.
- West, R. L. (1992). Review of The Psychology of Ageing. *Ageing & Society*, 12, 267-268. [invited]
- West, R. L., & Sinnott, J. D. (Eds.) (1992). *Everyday memory and aging: Current research and methodology*. New York: Springer-Verlag.
- West, R. L. (1992). Everyday memory and aging: A diversity of tests, tasks, and paradigms. In R. L. West & J. D. Sinnott (Eds.) *Everyday memory and aging: Current research and methodology* (pp. 3-21). New York: Springer-Verlag.
- Norris, M. P., & West, R. L. (1991). Age differences in the recall of actions and cognitive activities: The effects of presentation rate and object cues. *Psychological Research*, 53, 188-194.
- Larrabee, G. J., West, R. L., & Crook, T. H. (1991). The association of memory complaint with computer-simulated everyday memory performance. *Journal of Clinical and Experimental Neuropsychology*, 13, 466-478.
- West, R. L., & Crook, T. H. (1990). Age differences in everyday memory: Laboratory analogues of telephone number recall. *Psychology and Aging*, 5, 520-529.
- Crook, T. H., & West, R. L. (1990). Name recall performance across the adult life span. *British Journal of Psychology*, 81, 335-349.
- Norris, M. P., & West, R. L. (1990). Adult age differences in activity memory: Cue and strategy utilization. In T. H. Hess (Ed.), *Aging and cognition: Knowledge organization and utilization* (pp. 1-32). Amsterdam: Elsevier Science Publishers. [invited]
- Berry, J. M., West, R. L., & Dennehy, D. (1989). Reliability and validity of the Memory Self-Efficacy Questionnaire (MSEQ). *Developmental Psychology*, 25, 701-713. [invited]

- Camp, C. J., West, R. L., & Poon, L. W. (1989). Recruitment practices for gerontology research. In M. P. Lawton & A. R. Herzog (Eds.), *Special research methods in gerontology* (pp. 163-184). New York: Baywood. [invited]
- West, R. L. (1989). Planning practical memory training for the aged. In L. W. Poon, D. C. Rubin, & B. C. Wilson (Eds.), *Everyday cognition in adulthood and late life* (pp. 573-597). Cambridge, UK: Cambridge University Press. [invited]
- West, R. L., & Tomer, A. (1989). Everyday memory problems of healthy older adults: Characteristics of a successful intervention. In G. C. Gilmore, P. J. Whitehouse, & M. L. Wykle (Eds.), *Memory, aging, and dementia: Theory, assessment and treatment* (pp. 74-98). New York: Springer. [invited]
- West, R. L. (1988). Prospective memory and aging. In M. M. Gruneberg, P. E. Morris, & R. N. Sykes (Eds.), *Practical aspects of memory: Current research and issues* (Vol. 2, pp. 119-125). Chichester, UK: John Wiley.
- Schleser, R., West, R. L., & Boatwright, L. K. (1986). A comparison of recruiting strategies for increasing older adults' initial entry and compliance in a memory training program. *International Journal of Aging and Human Development*, 24, 55-66.
- West, R. L. (1986). Everyday memory and aging. *Developmental Neuropsychology*, 2, 323-344. [invited]
- West, R. L. (1985). *Memory fitness over 40*. Gainesville, FL: Triad; also published in 1987 as *Paranna Muistiasi* (tran. Ilkka Rekiaro) by Otava Publishing Company, Finland; in 1989 by Compass Publishing Company, N.S.W., Australia, and in 1992 as *Effectieve Geheugen Training* by Uitgeverij Kosmos, The Netherlands.
- West, R. L., & Cohen, S. (1985). The systematic use of semantic and acoustic processing by younger and older adults. *Experimental Aging Research*, 11, 81-87.
- West, R. L., Morris, C., & Nichol, G. (1985). Spatial cognition on nonspatial tasks: Finding spatial knowledge when you're not looking for it. In R. Cohen (Ed.), *The development of spatial cognition* (pp. 13-39). Hillsdale, NJ: L. Erlbaum. [invited]
- West, R. L., Boatwright, L. K., & Schleser, R. (1984). The link between memory performance, self-assessment, and affective status. *Experimental Aging Research*, 10, 197-200.
- West, R. L., & Boatwright, L. K. (1983). Age differences in cued recall and recognition under varying encoding and retrieval conditions. *Experimental Aging Research*, 9, 185-189.
- West, R. L., & Odom, R. D. (1979). Effects of perceptual training on the salience of information in a recall problem. *Child Development*, 50, 1261-1264.
- Botwinick, J., West, R., & Storandt, M. (1978). Predicting death from behavioral test performance. *Journal of Gerontology*, 33, 755-762.
- West, R. L., Odom, R. D., & Aschkenasy, J. (1978). Perceptual sensitivity and conceptual coordination in children and younger and older adults. *Human Development*, 21, 334-345.
- Botwinick, J., West, R., & Storandt, M. (1975). Qualitative vocabulary test responses and age. *Journal of Gerontology*, 30, 574-577.

GRANTS:

- West, R. L. *Howard Hughes Medical Institute Science for Life Mentor Award*, January, 2008 – December, 2009, \$10,000.
- Percival, S. S., & West, R. L. (Co-principal Investigator). Immune and Cognitive Functions after Regular Consumption of Concord Grape Juice. Research grant funded by *Welch Foods, Inc.*, March, 2007 to August, 2008, \$198,000.
- West, R. L. (PI). Everyday Memory Clinics. Research grant funded by the *Retirement Research Foundation*, effective October, 2002 to August, 2005; \$145,000, grant and competitive renewal (national peer review).
- West, R. L. (PI) & William L. Perlstein. Goal Setting Effects on Memory in Youth and Aging: Neuroanatomical and Behavioral Influences of Feedback-Related Affect. *Evelyn F. McKnight Brain Research Foundation*, effective Dec., 2001 to Feb., 2004; \$74,000 (national peer review).

- West, R. L., & Aldwin, C. (Co-PIs). Student Research and Mentoring Awards in Adult Development and Aging. Awards program funded by the *Retirement Research Foundation*, effective Jan., 2001 - Dec., 2001; \$14,000.
- West, R. L. (PI) Mentoring Awards in Adult Development and Aging. Awards program funded by the *Retirement Research Foundation*; effective Jan., 1999 - Dec., 2000, \$16,000.
- West, R. L., & Stine-Morrow, E. A. L. (Co-PIs). Student Research and Mentoring Awards in Adult Development and Aging. Awards program funded by the *Retirement Research Foundation*, effective Jan., 1998 - Dec., 2000; \$30,000.
- West, R. L. (PI). Memory Beliefs in Relation to Goals and Test Difficulty. Federal grant funded by *National Institute of Aging*, effective May, 1997 - Oct., 1999; \$70,000 (national peer review).
- West, R. L. (Fellow). Fulbright Foreign Scholarship. Senior Lecturer, University of Haifa, Israel, effective January - July, 1995, \$30,000 (national peer review)
- West, R. L., (Fellow, PI). Self-efficacy and Memory in the Elderly. National Fellowship funded by the *Brookdale Foundation* (career development award, competitive renewal), effective July, 1989 - June, 1992; \$165,000 (national peer review).
- West, R. L., (PI). Everyday Memory and Aging. New Faculty Award funded by *University of Florida Division of Sponsored Research*, received February, 1988; \$5000.
- West, R. L., (PI). Age Differences in Laboratory and Everyday Memory. Federal grant funded by *National Institute on Aging*, effective August, 1986 - July, 1989; \$162,000 (national peer review).

STUDENT/JUNIOR COLLEAGUE HONORS AND GRANTS:

- Knight, L. K. (West, R. L., and Smith, K. A. co-mentors). Memory outcome expectancies and self-efficacy for story recall in younger and older adults. *Leighton E. Cluff Award for Aging Research (undergraduate)*, April, 2014, \$600.
- Strickland-Hughes, C. (West, R. L., and Ebner, N., co-mentors). Are you threatening me? A pilot investigating stereotype threat situations and memory performance in older adults. *Jacquelin Goldman Foundation*, University of Florida, April, 2014, \$2000.
- Stone, K. (West, R. L., mentor). The effects of aging and encoding condition on event memory and susceptibility to misinformation. *Leighton E. Cluff Award for Aging Research (graduate/postdoctoral)*, University of Florida, March, 2012, \$1200.
- Tighe, C. (West, R. L., mentor). The effects of memory training on control beliefs in older adults. *Institute for Learning in Retirement Research in Aging Award (undergraduate)*, University of Florida, March, 2012, \$600.
- Tighe, C. (West, R. L., sponsor). *Kathryn Williams Bryant Scholarship*, University of Florida. April, 2011, \$1,000.
- Manesh, S. (West, R. L., mentor). Examining the relationship between self-reported religiosity and mental health. *Institute for Learning in Retirement Research in Aging Award (undergraduate)*, University of Florida Network for Behavioral and Social Research and Training in Aging, April, 2011, \$600.
- Hastings, E. C. (West, R. L., mentor). *Gerber Developmental Psychology Research Award*, University of Florida, April, 2010, \$1,000.
- Wong, Shan (West, R. L., mentor). Effects of mood induction on performance test anxiety. *Merit Prize at the Undergraduate Research Forum*, Department of Psychology, University of Florida, April, 2010.
- Hastings, E. C. (West, R. L., mentor). The achievement goal framework and learning in adulthood. *American Psychological Association Dissertation Award*, received November, 2009; \$1000 (national peer review).
- Hastings, E. C. (West, R. L., mentor). Physical, cognitive, and mental health in social context. *National Institute on Aging Predoctoral traineeship in Aging (T32)*, effective August, 2009 – August 2010, \$31,000.
- Hastings, E. C. (West, R. L., mentor). The relative success of self-help and group-based memory training. *APA Division 20 and Retirement Research Foundation, Completed Masters Research Award*, August, 2009, \$1000 (national peer review).

- Wong, S. (West, R. L., mentor). Test anxiety and performance, as moderated by mood induction. *Undergraduate Research Scholarship, University of Florida*, effective May, 2009 – May, 2010, \$2500.
- Dark-Freudeman, A. (West, R. L., mentor). Perceived competence and possible selves. Predoctoral training grant funded by the *National Institute on Aging – National Research Service Award*, effective January, 2008 to August, 2009, \$57,000 (national peer review)
- Hastings, E. C. (West, R. L., mentor). The relative success of self-help and group-based memory training. *Leighton E. Cluff Award for Aging Research (graduate/postdoctoral research), University of Florida Network for Behavioral and Social Research and Training in Aging*, April, 2009, \$1200.
- Palta, P. (West, R. L. mentor). Dependency and possible selves. *Institute for Learning in Retirement Research in Aging Award (undergraduate), University of Florida Network for Behavioral and Social Research and Training in Aging*, April, 2009, \$500.
- Palta, P. (West, R. L. mentor, with graduates Dark-Freudeman, A, & Hastings, E.) Dependency fears in young-old and old-old adults. *Merit Prize at the Undergraduate Research Forum, Department of Psychology, University of Florida*, April, 2008.
- Smith, S. L. (West, R. L., mentor). Role of self-efficacy in audiologic rehabilitation for older adults. *Career Development Research Award, Department of Veterans Affairs*, effective January, 2005 – December, 2007, \$260,000 (national peer review).
- Dark-Freudeman, A. (West, R. L., mentor). *National Institute on Aging Predoctoral traineeship in Aging (T32)*, effective August, 2004 – August 2007, \$60,000.
- Edwards, H. B. (West, R. L., mentor). Need for cognition, intelligence, and aging. *Leighton E. Cluff Award for Aging Research (undergraduate), University of Florida Network for Behavioral and Social Research and Training in Aging*, April, 2007, \$600.
- McGinty, H. (West, R. L., mentor). Improvement, maintenance, and decline: Exploring the quality of health-related possible selves in an aging population. *Institute for Learning in Retirement Research in Aging Award (undergraduate), University of Florida Network for Behavioral and Social Research and Training in Aging*, April, 2007, \$500.
- Dark-Freudeman, A. (West, R. L., mentor). *Gerber Developmental Psychology Research Award, University of Florida*, 2006, \$300.
- Dark-Freudeman, A. (West, R. L., mentor). Possible selves and perceived competence in relation to memory and health. *APA Division 20 and Retirement Research Foundation, Dissertation Proposal Award*, August, 2005, \$1250 (national peer review).
- Menaka Dhand (West, R. L., sponsor with Bagwell, D. K., supervisor, University of Florida Student Science Training Program). Crystallized intelligence: Benefits for the elderly through memory training. *Florida High School Science Fair, Second place, State of Florida*, April, 2005.
- Viverito, K. M. (West, R. L., mentor). Is it possible to make lemons into lemonade?: Does physical health or emotional well-being predict quality of life in older adults? *Leighton E. Cluff Award for Aging Research (undergraduate), University of Florida*, April, 2004, \$600.
- Smith, S. L. (West, R. L., mentor). *Herbert J. Oyer Student Research Award. Academy of Rehabilitative Audiology*, June, 2003 (national peer review).
- Smith, S. L. (West, R. L., mentor). *Provost's Award in Aging (graduate research fellowship), University of Florida*, August, 2002, \$15,000.
- Hamilton, C. (West, R. L., mentor). Gender differences in memory self-efficacy and aging: A comparison of younger and older adults. *Student Scholarship Award in Aging (undergraduate), University of Florida*, October, 2000, \$600.
- Bagwell, D. K. (West, R. L., mentor). General self-efficacy in relation to memory performance and memory beliefs. *Undergraduate Research Scholarship, University of Florida*, effective May, 1999 - June, 2000, \$4000.
- Yassuda, M. S. (West, R. L., sponsor). Control, self-efficacy, and aging. Brazilian student fellowship from CAPES (Coordenacao de Aperfeicoamento de Pessoal de Nivel Superior, Divisao de Apoio a Formacao Academica), effective August, 1995 - July 1999; \$112,000.
- Welch, D. C. (West, R. L., mentor). Gender and aging: Self-efficacy and memory for locations. Predoctoral training grant funded by the *National Institute of Mental Health – National Research Service Award*, effective May, 1995 - Sept., 1997; \$26,000 (national peer review).

- Yassuda, M. S. (West, R. L., mentor). Memory beliefs and memory training: The effects of an educational intervention. *APA Division 20 and Retirement Research Foundation, Dissertation Proposal Award*, \$2000, May, 1997 (national peer review).
- Thorn, R. M. (West, R. L., mentor). *NICHD Predoctoral Traineeship in Cognitive Development*, effective August, 1995 - August, 1996, \$10,000.
- Thorn, R. M. (West, R. L., mentor). Goal-setting, memory performance, and self-efficacy in younger and older Adults. *APA Division 20 and Retirement Research Foundation, Masters Proposal Award*, \$1000, May, 1996 (national peer review).
- Knabb, P. D. (West, R. L., mentor). Gender differences in memory performance and self-efficacy in older adults. *Undergraduate Research Award, College of Liberal Arts and Sciences, University of Florida*, March, 1994.
- Welch, D. C. (West, R. L., mentor). *NICHD Predoctoral Traineeship in Cognitive Development*, effective August, 1991 - August, 1993, \$18,000.
- Bramblett, J. P. Jr. (West, R. L., mentor). Group memory training for the elderly: Social support and strategy training. *Graduate research assistantship, University of Florida Division of Sponsored Research*, effective January-August, 1990; \$6000.
- Norris, M. (West, R. L., mentor). Age differences in memory for activities. Predoctoral training grant funded by *National Institute of Health – National Research Service Award*, effective January, 1987 - December, 1989; \$19,000 (national peer review).
- Norris, M. P. (West, R. L., mentor). An investigation of the variables that benefit older adults in SPT recall. *American Psychological Association Dissertation Award*, received April, 1989; \$500 (national peer review).
- Rediess, S. (West R. L., sponsor). An investigation of the semantic-episodic memory distinction across the life span. *Graduate research assistantship, University of Florida Division of Sponsored Research*, effective January - May, 1987; \$4000.

SELECTED PRESENTATIONS (last 10 years, plus all invited, national, and international)

forthcoming

- West, R. L. (2014, August). *Train the Trainers: Memory Training for Seniors*. Half-day workshop to be presented at the American Psychological Association meeting in Washington, DC.
- West, R. L., Smith, K. A., & Strickland-Hughes, C. (2014, August). *The role of self-efficacy in goal-related and intervention-based memory change*. Invited symposium presentation to be presented at the American Psychological Association meeting in Washington, DC.
- Strickland-Hughes, C., Ebner, N., & West, R. L. (2014, August). *Visual attention and aging: Effects of feedback on face-name memory*. Paper to be presented at the American Psychological Association meeting in Washington, DC.
- Smith, K. A., Knight, L. A., & West, R. L. (2014, April). *Memory aging and beliefs: A new measure of outcome expectancies*. Paper presented at the Cognitive Aging Conference, Atlanta.
- Strickland-Hughes, C., West, R. L., & Ebner, N. (2014, April). *Aging and self-stereotyping effects on face-name memory*. Paper presented at the Cognitive Aging Conference, Atlanta.
- West, R. L. (2012). *Train the Trainers*. Half-day workshop (invited) presented at the XVIII Brazilian Congress of Geriatrics and Gerontology, Rio de Janeiro; Full-day workshop (invited) presented at Sao Paulo University Gerontology Program, Sao Paulo, Brazil.
- West, R. L., Smith, K., & Strickland-Hughes, C. M. (2012, April). *Goals and memory aging: Anchored self-set goals for list, name, and story recall*. Paper presented at the meeting of the Cognitive Aging Conference, Atlanta.
- Stone, K. R., & West, R. L. (2011, June). *Memory for a real-world event: Effects of misinformation and incidental learning*. Paper presented at the meeting of the Society for Applied Research on Memory and Cognition, New York.
- Hastings, E. C., West, R. L., & Stone, K. R. (2011, August). *Validating a model of the relationships among achievement goals, memory self-efficacy, and recall across the adult life span*. Paper presented at the conference of the American Psychological Association, Washington, DC.

- West, R. L. (2011, May). *Best practices in cognitive training*. Invited plenary for Issues in Aging conference. Wayne State University Institute on Gerontology, Dearborn, MI.
- Dark-Freudeman, A., West, R. L., & Hastings, E. C. (2010, August). *Possible selves and perceived competence in relation to health*. Paper presented at the conference of the American Psychological Association, San Diego.
- West, R. L. (2010). *Memory Action Program*. Full-day train-the-trainers workshop (invited) presented at Boston University Institute for Geriatric Social Work (August), Wood County Committee on Aging, Bowling Green, Ohio (August), Pace University School of Nursing in New York City (September). Half-day workshop presented at a special meeting of the New York State Psychological Association in New York City (May).
- Hastings, E.C., West, R.L., & Bagwell, D.K. (2009, August). *Predicting training-related improvements in story recall*. Paper presented at the conference of the American Psychological Association. Toronto.
- West, R. L. (2009). *Memory Action Program*. Full-day train-the-trainers workshop (invited) presented at Kansas State University Center on Aging (June) and half-day workshop presented at the American Psychological Association meeting in Toronto (August).
- Dark-Freudeman, A., West, R. L., & Hastings, E. (2008, November). *Health self-regulatory beliefs across the life span*. Paper presented at the meeting of the Gerontological Society of America, Washington, DC.
- West, R. L., Bagwell, D. K., Dark-Freudeman, A., & Hastings, E. C. (2008, August). *Memory, strategy, and self-efficacy gains for Active versus Inactive Trainees*. Invited symposium presentation at the meeting of the American Psychological Association, Boston.
- Berry, J. M., Cavanaugh, J. C., & West, R. L. (2008, August). *Structure of memory self-efficacy in adulthood*. Paper presented at the meeting of the American Psychological Association, Boston.
- West, R. L. (2008). *Memory Action Program*. Full-day train-the-trainers workshop (invited) presented at Easter Seals South Florida in Miami (January), the Gerlach Center for Senior Health in Columbus (May), the California Association of Senior Service Centers (October), the Asian Community Center in Sacramento (October), the Northwest New Jersey Community Action Program (November), and Century College in White Bear Lake, Minnesota (December).
- West, R.L., Hastings, E., & Dark-Freudeman, A. (2008, April). *Methodology: Reliability, validity, and alternate forms of the Brandeis Test of Adult Cognition by Telephone – BTACT*. Paper presented at the Cognitive Aging Conference, Atlanta.
- Dark-Freudeman, A., West, R.L., Hastings, E., Palta, P. (2008, April). *Predictors of cognitive performance: Self-perceived competence, health and well-being*. Paper presented at the Cognitive Aging Conference. Atlanta.
- West, R. L. (2007). *Memory Action Program*. Full-day train-the-trainers workshop presented at the Aurora Senior Center in Denver (October), the Jewish Association for Services for the Aged in New York (November) and SCAN Health in Los Angeles (December).
- West, R. L. (2007, November). *Everyday memory and aging*. Invited Leighton Lecture Series (keynote speaker). Memorial Hospital, South Bend Indiana.
- West, R. L., Dark-Freudeman, A., & Bagwell, D. K. (2007, November). *Strategies and beliefs as predictors of goal-related memory gains in younger and older adults*. Invited symposium presentation at the meeting of the Gerontological Society of America, San Francisco.
- Hastings, C. E., & West, R. L. (2007, November). *The relative success of a self-help and group-based memory training program*. Paper presented at the meeting of the Gerontological Society of America, San Francisco.
- West, R. L. (2007, February). *A practical guide for memory training for older adults*. Invited presentation for a day-long symposium at the International Conference on Aging, Disability, and Independence, St. Petersburg, Florida.
- Dark-Freudeman, A., West, R. L., & McGinty, H. L. (2007, August). *Age differences in self-regulatory beliefs and possible selves*. Paper presented at the meeting of the American Psychological Association, San Francisco.
- Bensadon, B. A., West, R. L., & Bagwell, D. K. (2007, August). *The impact of domain-specific self-efficacy on memory in middle-aged and older adults*. Paper presented at the meeting of the American Psychological Association, San Francisco.

- West, R. L. (2007, March). *Everyday Memory Clinic*. Invited program exchange at the American Society on Aging convention, Chicago.
- McGinty, H. L., Dark-Freudeman, A., West, R. L., & Edwards, H. B. (2007, February). *Improvement, maintenance, or decline: Possible selves in late life*. Paper presented at the Psi Chi Southeastern Regional Convention, New Orleans.
- Bagwell, D. K., West, R. L., McGinty, H. L. (2006, October). *Planning for the future: Memory training in minority populations*. Paper presented at the NIH Conference on Understanding and Reducing Disparities in Health, Bethesda, MD.
- Smith, S., & West, R. L. (2006, September). *Effectiveness of a self-efficacy based hearing aid orientation program: A preliminary report*. Paper presented at the XXVIIIth International Congress of Audiology, Innsbruck, Austria.
- Dark-Freudeman, A., & West, R. L. (2006, August). *Health-related possible selves and current health status*. Paper presented at the meeting of the American Psychological Association, New Orleans.
- West, R. L., & Dark-Freudeman, A. (2006, April). *Self-reported strategy variations across three tasks as a function of age and individual differences*. Paper presented at the Cognitive Aging Conference, Atlanta.
- Bagwell, D. K., DuBose, L., & West, R. L. (2005, November). *Exploring the effect of gender on self-efficacy and performance for names*. Paper presented at the meeting of the Gerontological Society of America, Orlando.
- West, R. L., Bagwell, D. K., & Dark-Freudeman, A. (2005, November). *Memory beliefs in relation to health beliefs and memory performance*. Paper presented at the meeting of the Gerontological Society of America, Orlando.
- West, R. L., Bagwell, D. K., & Dark-Freudeman, A. (2005, August). *Training to enhance self-efficacy, control, and memory*. Paper presented at the meeting of the American Psychological Association, Washington, DC.
- Bagwell, D. K., Dark-Freudeman, A., & West, R. L. (2004, August). *Mastering memory strategies: Some predictors of success in memory training*. Paper presented at the meeting of the American Psychological Association, Honolulu.
- Dark-Freudeman, A., West, R. L., & Bagwell, D. K. (2004, August). *Memory-related possible selves and memory beliefs: Age-related differences*. Paper presented at the meeting of the American Psychological Association, Honolulu.
- Dark-Freudeman, A., West, R. L., & Bagwell, D. K. (2004, April). *Factors that predict age-related-performance after goal-setting*. Paper presented at the Cognitive Aging Conference, Atlanta.
- Smith, S. L., West, R. L., & Kricos, P. B. (2004, April). *Hearing aid self-efficacy of older adults*. Paper presented at the American Academy of Audiology Annual Convention, Salt Lake City.
- West, R. L. (2003, November). *Strategy use and self-regulation*. Invited discussion for symposium on Strategy Use and Cognitive Performance at the meeting of the Gerontological Society of America, San Diego.
- West, R. L., Bagwell, D. K., & Dark-Freudeman, A. (2003, November). *Memory fitness over 40*. Invited presentation at the Rural Health Promotion and Aging Summit, Gainesville, Florida.
- West, R. L., Dark-Freudeman, A., & Bagwell, D. K. (2003, August). *Goals, memory, and aging: Effects of positive and objective feedback*. Paper presented at the meeting of the American Psychological Association, Toronto.
- Smith, S. L., West, R. L., & Kricos, P. B. (2003, May). *A hearing aid use and adjustment scale of self-efficacy for elders*. Paper presented at the 2nd International Adult Aural Rehabilitation Conference, Portland, Maine.
- Yassuda, M. S., & West, R. L. (2002, June). *Memory training for healthy older adults: The role of memory beliefs*. Paper presented at the XIII Brazilian Congress of Geriatrics and Gerontology, Rio de Janeiro.
- West, R. L. (2002, May). *The aging of nations*. Paper presented at the Utrecht-Florida Conference on Citizenship and Identity, Utrecht, Belgium.
- Thorn, R. M., West, R. L., & Dark-Freudeman, A. (2002, April). *Age differences in response to categorization strategy training*. Paper presented at the Cognitive Aging Conference, Atlanta.

- West, R. L. (2002, February). *The science and practice of controlling memory*. Invited presentation at the German Centre for Research on Ageing, Heidelberg, Germany.
- West, R. L. (2001, July). *Goal-setting effects on memory across the life span*. Paper presented at the meeting of the International Association of Gerontology, Vancouver.
- West, R. L. (2000, June). *Goals, self-efficacy and memory: Self-regulatory mechanisms*. Invited presentation at the Max Planck Institute for Human Development and Education, Berlin.
- West, R. L., Bagwell, D. B., Thorn, R. M., & Clark, N. R. (2000, April). *General self-efficacy in relation to memory performance and memory beliefs*. Paper presented at the Cognitive Aging Conference, Atlanta.
- Yassuda, M. S., & West, R. L. (2000, April). *Memory self-efficacy and memory training: The effects of an educational intervention*. Paper presented at the Cognitive Aging Conference, Atlanta.
- West, R. L. (1999, August). *Control over memory: Lessons from aging research*. Invited keynote address at the meeting of the American Psychological Association, Boston.
- West, R. L., Welch, D. C., & Thorn, R. M. (1999, July). *Everyday memory and aging: Goal-setting as a motivational factor*. Paper presented at the International Conference on Lifelong Learning, Worcester, United Kingdom.
- West, R. L. (1998, October). *Your aging memory: A smart user's guide*. Invited keynote address for the National Women's Health Summit, sponsored by the Huffington Center on Aging at Baylor University, Houston.
- West, R. L. (1998, March). *New directions in memory intervention for older adults*. Invited presentation at the 8th Annual Rotman Research Institute Conference on Cognition and the Aging Brain, Toronto.
- West, R. L. (1995, May). *Maximizing everyday memory in aging*. Invited colloquium at the Herczeg Institute on Aging, Tel Aviv, Israel.
- West, R. L. (1995, May). *Memory training and aging*. Invited presentation for the Department of Psychology, Hebrew University, Jerusalem.
- West, R. L. (1995, April). *Everyday memory and aging*. Invited colloquium at the Institute for Information Processing and Decision Making, University of Haifa, Haifa, Israel.
- West, R. L. (1993, March). *Verbal and visual memory strategies for older adults*. Invited workshop presentation at the meeting of the American Society on Aging, Chicago.
- West, R. L. (1993, May). *The Memory CHASE*. Invited presentation for the American Psychological Association/Smithsonian Lecture Series on The Transitional Years: A Psychological Look at MidLife in the '90s, Washington, DC.
- West, R. L. (1992, April). *Trends in memory aging research*. Invited keynote address to the Cognitive Aging Conference, Atlanta.
- West, R. L. (1991, July). *Activity memory and aging: The effect of object cues on serial recall*. Invited symposium address at the International Conference on Memory, Lancaster, England.
- West, R. L., & Norris, M. P. (1991, July). *Eliminating age differences in activity memory: The role of objects and strategic processing*. Invited symposium address at the International Conference on Memory, Lancaster, England.
- West, R. L. (1991, January). *Everyday memory and aging*. Invited colloquium presentation at the Department of Psychology, Tel Aviv University, Israel.
- West, R. L. (1990, October). *Self-evaluation, memory, and aging*. Invited colloquium presentation at the Brookdale Institute of Adult Development and Aging, Jerusalem, Israel.
- West, R. L., & Crook, T. H. (1989, August). *Video presentation of imagery training for older adults: What you SEE is what you GET*. Invited symposium address at the meeting of the American Psychological Association, New Orleans.
- West, R. L. (1988, May). Invited participant at the NIMH Conference on Age-Associated Memory Impairment (AAMI), Annapolis, MD.
- West, R. L. (1987, October). *Memory aids and interventions for AAMI (Age-Associated Memory Impairment)*. Invited address to the Center on Aging and Health symposium on Memory and Aging, Case Western Reserve University, Cleveland, OH.
- West, R. L., Berry, J. M., & Dennehy, D. (1987, August). *Self-efficacy and memory performance: Measurement issues*. Invited symposium address at the meeting of the American Psychological Association, New York.

West, R. L. (1985, March). *Practical memory mnemonics for the aged*. Invited address at the George A. Talland Conference on Cognition in Everyday Life, Boston.
West, R. L. (1985, January). Invited participant at the NIMH Conference on Age-Associated Memory Impairment (AAMI), Key West, FL.

EDITORIAL/REVIEW EXPERIENCE:

Editorial Boards:

Psychology and Aging (APA journal, 3 terms/9 years service)
Aging, Neuropsychology, and Cognition (1994-2009)
Experimental Aging Research (1994-present)

Grant Reviewing

National: NIMH Mental Disorders of Aging Review Committee, NIMH Life Course Special Review Committee, NIMH MERIT Review, NIA Special Emphasis Panels

Foundations: Retirement Research Foundation, Florence V. Burden Foundation, Brookdale Foundation, State of Missouri Alzheimer's Research Fund, Andrus Foundation

Manuscript/abstract Reviews:

Journals: *Journal of Gerontology*, *Applied Cognitive Psychology*, *Memory*, *Brain and Cognition*, *International Journal of Behavioral Development*, *Dementia and Neuropsychologia*, *International Journal of Men's Health*, *Developmental Psychology*, *Neuropsychological Rehabilitation*, *Perceptual and Motor Skills*, *Quality of Life Research*, *Sex Roles*

Other: APA Division 20 Convention Committee; APA Division 20 Awards Committee; Wadsworth, Allyn & Bacon, Academic Press, W. W. Norton, Prentice Hall, and Mc-Graw Hill publishing companies; Leighton E. Cluff Awards for Aging Research.

MAJOR ADMINISTRATIVE ROLES:

American Psychological Association

- Elected Member, APA Division 20 Executive Council, 1997-2000, 2005-2008
- Chair/Member, APA Division 20 Awards Committee, 1997-2001
- Member, APA Division 20 Finance Committee, 2005-2008

University of Florida

- Graduate Coordinator, Department of Psychology, 2007-2010
- Chair, Research Awards in Aging, 2006-2014
- Training Director, Developmental Psychology area (Dept. of Psychology), 1991-1997, 2005-2007
- Chair, Psychology Teaching Efficiency Committee, 2005-2006
- Member, Merit Committee for Department of Psychology, 2003-2004
- Chair/Member, Student Scholarship Awards on Aging Committee, 1998-2003
- Member, Provost Strategic Planning Committee on Aging, 2002-2003
- Associate Director for Education, Institute on Aging, 1999-2001
- Chair, Educational Strategic Planning Committee, Institute on Aging, 1999-2000
- Chair, Search Committee, Center for Gerontological Studies, 1999-2000
- Member, Search Committees (2), Institute on Aging/Center for Gerontological Studies, 1999-2000
- Member, Search Committee, Associate Dean for Academic Affairs (College), 1999
- Director/Interim Director, Center for Gerontological Studies, 1992, 1998-2001
- Member, Florida Policy Exchange Center on Aging advisory board, (University of Florida representative, 1998-2001)
- Chair, Developmental Psychology Search Committee, 1993-1994
- Member, Ad Hoc Committee on Aging (Provost), 1992-1993
- Associate Director, Center for Gerontological Studies, 1991-1994; 1996-1997

- Chair and Member, O. Ruth McQuown Scholarship Committee (College), 1990-1993
- Member, Teaching Improvement Program Committee (Dept. of Psychology), 1993, 1995
- Member, Search Committee, Director for Florida Policy Exchange Center on Aging (University of Florida representative), 1992
- Director of Curriculum, Center for Gerontological Studies, 1986-1990