PRESS and HOLD the DOWN ARROW button down……until the light turns RED

When the light turns red, release the down arrow button.

FOR CHANNEL 07
Then press the J/0 key
Then press the G/7 key

(The Light will blink green each time a key is pressed)

Then press the DOWN Arrow.

The light may blink red a few times and then should rapidly blink GREEN.

Rapid Green blinking means the base receiver has acknowledged you are on RF channel 07

IF the light rapidly blinks RED this means either:
1) The base receiver you are setting the channel to match is not on or not in range.
2) You have not entered the channel number correctly.