

IUF 1000: WHAT IS THE GOOD LIFE
Summer B 2017

Lecture: M W F Period 2 (9:30am – 10:45am)
NRN 137 - Norman Hall 137

INSTRUCTOR

Prof. John M. Watkins, Jr., School of Music

Contact Info: watkins@ufl.edu

Office Hours: MW 3 and by appointment

Office: 107 Steinbrenner Band Hall

TEACHING ASSISTANTS (see Canvas for their office hours and locations)

Section	Discussion Time	Location	Teaching Assistant	Email Address
4A08	Tues & Thur 2	TUR 2328	Duke, Shaun	shaunduke@ufl.edu
4B78	Tues & Thur 2	CSE E221	Key, Jordan	jordanakey@ufl.edu
4B79	Tues & Thur 3	LEI 0142	Key, Jordan	jordanakey@ufl.edu
4B99	Tues & Thur 3	MAT 0105	Duke, Shaun	shaunduke@ufl.edu
4C20	Tues & Thur 4	TUR 2318	Life, Melissa	mrlife@ufl.edu
4C21	Tues & Thur 4	TUR 2305	Theobald, Emily	etheobald@ufl.edu
4C23	Tues & Thur 5	TUR 2333	Akdas, Yasemin	yakdas@ufl.edu
4C24	Tues & Thur 5	TUR 2334	Theobald, Emily	etheobald@ufl.edu
4C26	Tues & Thur 6	TUR 2342	Akdas, Yasemin	yakdas@ufl.edu
4C31	Tues & Thur 6	TUR 2346	Life, Melissa	mrlife@ufl.edu

COURSE DESCRIPTION

Drawing on the cluster of disciplines that make up the Humanities and the considerable resources at UF in support of the Humanities, this course enquires into the very nature and experience of being human. Applying multi-disciplinary and cross-cultural approaches to explore what is a good life, students consider the cost of the good life, examine how people have chosen to live as members of local and global communities, and analyze conceptions and expressions of beauty, power, love, and health.

COURSE OBJECTIVES

Students are provided instruction in multi-disciplinary approaches used in the humanities to study the good life through an analysis of juxtaposed works of art, architecture, history, literature, music, religion, and philosophy.

- **Content Objectives:** Students will identify how different people from different societies across time conceptualize the good life, what meaning and value individuals ascribe to the lives that they live or want to live, and what are the choices, costs, and benefits of the good life.
- **Communication Objectives:** Students will communicate concepts, expressions, and representations of the good life clearly and effectively in written and oral form as stated in the rubrics of the course.
- **Critical Thinking Objectives:** Students will analyze the conflicts and tensions that arise between the individual and the community, the normative and the exceptional, culture and nature, needs and wants, pleasure and happiness, short-term benefits and long-term consequences of the pursuit of the good life. They will critically evaluate the costs and benefits of the good life in order to make sound decisions.

COURSE FORMAT

Elements common to all sections include the required “gateway” readings, the three common activities, and the course assignments. In addition, there are “pillar” readings assigned by the individual instructors. The faculty select pillars to complement the gateways, while also drawing on their own areas of interest and expertise to make the course a unique experience for the students in their sections.

COMMON ACTIVITIES

This course expects students to become actively engaged in experiences unique to UF. As such, course requirements include attending the Good Life Performance, participating in the Good Life Nature Activity at the Florida Museum of Natural History, and viewing the Good Life exhibit at the Harn Museum of Art. More information on these activities can be found on the course’s Canvas page.

COURSE WEB SITE

- General Good Life course site at <http://undergrad.aa.ufl.edu/hum-course.aspx>
- Course materials are available in Canvas at <https://lss.at.ufl.edu/>

THE UNIVERSITY HUMANITIES & GENERAL EDUCATION REQUIREMENTS

Undergraduates are required to take IUF 1000, What is the Good Life, to fulfill 3 credits of the Humanities General Education Requirement. Additional information is available at

- <https://catalog.ufl.edu/ugrad/current/advising/info/general-education-program.aspx>

TEXTS

Required readings and materials for the course consist of two types: “Gateways” and “Pillars.” Gateways are common to all sections of IUF 1000 regardless of the instructor. Pillars have been chosen by the individual instructors. The following required readings are available in local bookstores and online retailers either as eBooks or paperbacks:

- Hermann Hesse, *Siddhartha*, trans. by Joachim Neugroschel (New York: Penguin Books, 2002). ISBN: 978-0142437186.
- *Sophocles’ Antigone*, trans. by Ruby Blondell (Newburyport, MA: Focus Publishing, 1998). ISBN: 978-0941051255.

All other required readings and materials are on the course’s Canvas webpage.

ASSIGNMENTS AND REQUIREMENTS

1. A forty-five-minute Midterm Exam in lecture on **Friday, July 14**. (160 points, 16% of the course grade)
2. An Essay (1,000-1,250 words) **due 8:00 AM on Monday, July 24 in Canvas**. Detailed instructions will be supplied prior to the due date. (250 points, 25% of course grade)
3. This I Believe (TIB) Audio Essay. Instructions and deadlines for each part of the assignment are in Canvas. (60 points, 6% of course grade)
4. A sixty-minute Final Exam (non-cumulative) in lecture on **Friday, August 4**. (200 points, 20% of course grade)
5. Discussion Activities. (210 points, 21% of course grade)
 - a. Participation in weekly discussions. (70 points)
 - b. Seven Discussion Board Posts. (105 points)
 - c. Sacred Space Postcard. (20 points)
 - d. Essay Outline and Thesis Statement. (15 points)
6. Common Activity. (20 points, +20 extra-credit points)

Students receive 25 points for completing either (a) The Good Life Tour of the Harn or (b) the Good Life Nature Activity at the Florida Museum of Natural History. Students who complete both common activities receive 20 extra credit points. (20 points, +20 extra-credit points)
7. Attendance in lecture and discussion. (100 points, 10% of course grade)

N.B.: Because Canvas cannot round to whole numbers, the Grade Scale in Canvas has been adjusted to achieve the same effect (e.g., 92.5% = A, 89.5% = A-, 86.5% = B+, etc.).

GRADING SCALE AND ASSIGNMENT SUMMARY

Grade Proportion	Grade Scale	Grade Value
Attendance: 100 points (10%)	930-1,000 = A	A = 4.0
Discussion Activities: 210 points (21%)	900-929 = A-	A- = 3.67
Common Activity: 20 points (2%)	870-899 = B+	B+ = 3.33
Midterm Exam: 160 points (16%)	830-869 = B	B = 3.00
Essay: 250 points (25%)	790-829 = B-	B- = 2.67
TIB: 60 points (6%)	750-789 = C+	C+ = 2.33
Final Exam: 200 points (20%)	720-749 = C	C = 2.00
Total: 1,000 points (100%)	690-719 = C-	C- = 1.67
	660-689 = D+	D+ = 1.33
	620-659 = D	D = 1.00
	600-619 = D-	D- = 0.67
	0-599 = E	E = 0.00

<https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

**Please note: An earned grade of "C-" will not be a qualifying grade for major, minor, Gen. Ed., or basic distribution credit.*

ACADEMIC HONESTY

UF students are bound by The Honor Pledge which states, "We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: "On my honor, I have neither given nor received unauthorized aid in doing this assignment." The Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: "On my honor, I have neither given nor received unauthorized aid in doing this assignment." The [Honor Code](#) specifies a number of behaviors that are in violation of this code and the possible sanctions. Furthermore, you are obligated to report any condition that facilitates academic misconduct to appropriate personnel. If you have any questions or concerns, please consult with the instructor or TAs in this class.

STUDENTS WITH DISABILITIES

Please do not hesitate to ask for accommodation for a documented disability. Students requesting classroom accommodation must first register with the Dean of Students Office (<http://www.dso.ufl.edu/drc>). The Dean of Students Office will provide documentation to the student, who must then provide this documentation to the Instructor when requesting accommodation. Please ask the instructor if you would like any assistance in this process.

STUDENTS IN DISTRESS

Your well-being is important to the University of Florida. The U Matter, We Care initiative is committed to creating a culture of care on our campus by encouraging members of our community to look out for one another and to reach out for help if a member of our community is in need. If you or a friend is in distress, please contact umatter@ufl.edu so that the U Matter, We Care Team can reach out to the student in distress. A nighttime and weekend crisis counselor is available by phone at 352-392-1575. The U Matter, We Care Team can help connect students to the many other helping resources available including, but not limited to, Victim Advocates, Housing staff, and the Counseling and Wellness Center. Please remember that asking for help is a sign of strength. In case of emergency, call 9-1-1.

OTHER POLICIES, RULES, AND RESOURCES

1. *Assignments*: Assignments due in class should be handed directly to your TA. All other assignments must be submitted online in Canvas by their deadline.
2. *Attendance and Make-up Policy*: Requirements for class attendance and make-up exams, assignments, and other work in this course are consistent with university policies: <https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>
 - In the case of an absence due to participation in an official university activity, observance of a religious holiday, performance of a military duty, or any other university-approved absence (e.g., jury duty) which the student knows about in advance, the student is expected to notify the instructor of the conflict *before the assignment is due*, and if possible at the start of the semester.
 - If a student does not hand in the Essay on time and an extension has not been granted, the Essay will be marked down 1/3 grade (e.g., from B+ to B) for each day it is late.
 - For all other assignments, the students will not be granted an extension or be permitted to make up the assignment without an acceptable reason, such as an illness or serious family emergencies, in accordance with [university policies](#) on absences.
3. *Grading Policy*: If you have questions about your grade on an assignment, please make an appointment to meet with your TA within a week after the assignment has been returned so your TA can explain how you were graded. If after meeting with your TA, you wish to dispute your grade, you may email your instructor to request that the instructor re-grade the assignment. The instructor will then re-grade the assignment and the second grade will stand, regardless of whether it is higher or lower than the original grade. You may request re-grading or dispute a grade up to one week after the assignment has been returned to you or the grade released.
4. *Common Courtesy*: Cell phones and other electronic devices must be set to vibrate mode during class. Students who receive or make calls or text messages during class will be asked to leave and marked absent for the day. The instructors may ask a student engaging in disruptive behavior, including but not limited to whispering or snoring, to leave the class, and the student will be marked absent for the day.

5. *Counseling Resources*: Resources available on-campus for students include the following:
 - a. University Counseling and Wellness Center, 3190 Radio Rd, 392-1575;
 - b. Student Health Care Center, 392-1161; and
 - c. Dean of Students Office, 202 Peabody Hall, 392-1261, umatter.ufl.edu.

6. *Course Evaluation*: Students are expected to provide feedback on the quality of instruction in this course by completing online evaluations at evaluations.ufl.edu. Evaluations are typically open during the last two or three weeks of the semester, but students will be given specific times when they are open. Summary results of these assessments are available to students at <https://evaluations.ufl.edu/results/>.

WEEKLY SCHEDULE

PART 1: THE INDIVIDUAL

THINKING ABOUT THE GOOD LIFE (JUNE 26 – 27)

Gateways:

1. Joel K. Kupperman, “Myth One: Pursuing Comfort and Pleasure Will Lead to the Best Possible Life,” in *Six Myths about the Good Life: Thinking about What Has Value* (Indianapolis: Hackett, 2006), 1–21.

Pillars:

1. [Roy Baumeister, “Do You Want a Meaningful Life or a Happy Life?”](#)

SEEKING THE GOOD LIFE (JUNE 28 – JULY 3)

Gateway:

1. Hermann Hesse, *Siddhartha*, trans. by Joachim Neugroschel (New York: Penguin Books, 2002).

**Read Part 1, pgs. 1–39 prior to lecture Wednesday 6/28

**Read Part 2, pgs. 43–132 prior to lecture Friday 6/30

Pillars:

1. [Inside Mecca Part 1, National Geographic, 18 October 2012 \(web\).](#)

EMBODYING THE GOOD LIFE (JULY 5 – 7, 11)

Gateways:

1. Rebecca Skloot, *The Immortal Life of Henrietta Lacks* (New York: Random House, 2010), 1–7.

2. “Henrietta’s Tumor,” *Radiolab* (season 7, episode 4), n. d., web.

3. Susan Bordo, “Reading the Slender Body,” in *Unbearable Weight: Feminism, Western Culture, and the Body* (Berkeley: University of California, 1993), 185–212.

Pillars:

1. [Julian Savulescu, "The Moral Argument for Human Cloning, Genetic Enhancement. "To the Best of Our Knowledge. 18 October 2015 \(web\).](#)
2. Oscar Wilde, "The Preface, Chapter 1, and Chapter 2" in *The Picture of Dorian Gray* (New York: Charter House Press, 1904), xii-xv, 1-44.

PART 2: SOCIETY

CELEBRATING THE GOOD LIFE (JULY 10 – 11)

Gateways:

1. Brenda Smith and Ronald Burrichter, Multimedia Lecture.
2. Excerpt from "Bernstein in Vienna."
3. Leonard Bernstein's Video on "Ode to Joy."
4. Abraham Joshua Heschel, "A Palace in Time," in *The Sabbath* (New York: Farrar, Straus and Giroux, 2005), 13–24.

Pillars:

1. Jeanette Winterson, "Art Objects" in *Art Objects* (New York: Knopf, 1997) 3-24.

SHARING THE GOOD LIFE (JULY 12 – 14)

Pillars:

1. [Clive Thompson, "I'm So Totally, Digitally Close to You." *The New York Times Magazine*. 5 Sept 2008. Web. 6 June 2016, web.](#)
2. [Robert Waldinger, "What Makes a Good Life?" TED. January 2016. Lecture, web.](#)

3. Gretchen Rubin, *The Happiness Project* (New York: Harper Collins, 2009), Chapter 2: "Remember Love," 38-68.

4. [Daniel Goleman, "Leadership and Compassion in Society." Empathy and Compassion Society. December 2013. Lecture, web.](#)

Mid-Term Exam on Friday, July 14 in Lecture

FIGHTING FOR THE GOOD LIFE (JULY 17 – 21)

Gateways:

1. Victoria Pagán, Multimedia Lecture on *Antigone*, Parts 1&2.

2. *Sophocles' Antigone*, trans. by Ruby Blondell (Newburyport, MA: Focus Publishing, 1998).

3. Martin Luther King, "Letter from a Birmingham Jail" (16 April 1963), *The Martin Luther King, Jr. Research and Education Institute*, n. d., web.

4. "Wo-Haw Between Two Worlds," a drawing by Kiowa artist/warrior Wo-Haw, c. 1875.

5. Nelson Mandela, *Long Walk to Freedom*, Vol. 2: 1962-1994 (London: Abacus, 1994), Chapter 115, 431-38.

Pillars: No pillars for this Module

PART 3: NATURE AND THE PHYSICAL ENVIRONMENT

OWNING THE GOOD LIFE (JULY 24 – 25)

Gateways:

1. The Painted Desert
 - a. Geraldine Brooks, “The Painted Desert,” *Griffith Review* 2 (2005): 146–57.
 - b. Australian Exhibit

Pillars:

1. Michael Sandel, “What Isn’t for Sale.” *The Atlantic*. Atlantic Monthly Group. April 2012. Web. August 2013.

Essay due 8:00 AM on Monday, July 24 in Canvas

CONSTRUCTING THE GOOD LIFE (JULY 26 – 27)

Gateways:

1. Margaret Carr, Multimedia Lecture on Sacred Spaces.

Pillars:

1. Randy Hester, “Subconscious Landscapes of the Heart,” *Places* 2 (1985): 10-22.
2. Charles Jenks, “The Architecture of Hope” from *The Architecture of Hope* (London: Frances Lincoln Limited, 2010), 11-43

Sacred Space Postcard due by discussion section meeting on Thursday, July 27

SUSTAINING THE GOOD LIFE (JULY 28, August 1)

Gateways:

1. Aldo Leopold, "The Land Ethic," in *A Sand County Almanac and Sketches Here and There* (New York: Oxford University Press, 1948), 201-226.

Pillars:

1. Wangari Maathai, "Foresters Without Diplomas." in *Unbowed: A Memoir* (New York: Alfred A. Knopf, 2006) 119-39.

2. [Sylvia Earle, "How to protect the Oceans." Ted Talk. February 2009. Lecture, web.](#)

PART 4: EPILOGUE (THIS I BELIEVE AUDIO ESSAY)

ACHIEVING THE GOOD LIFE (JULY 31 – AUGUST 4)

Pillars:

1. Herodotus, *The History*, translated by David Greene (Chicago: University of Chicago, 1987), I.29-45, 85-87 (on Solon and Croesus).

2. [13 Virtues from the Autobiography of Benjamin Franklin. Thirtenvirtues.com. N.p., n.d., web.](#)

3. [Readonaliti. Seasons of Love - Rent \(Music Video\). YouTube, Dec 2006, web.](#)

4. Henry Thoreau, *Walden* (in *The Thoreau Reader*, 2009, web.), Chapter 2: "Where I lived, and What I Lived For" and Chapter 18: "Conclusion."

5. [Brittany McCarthy and Megan Newhard, *Transcendentalism*. Transcendentalism. N.p., n.d., web.](#)

Final Exam in Lecture on Friday, August 4

SUMMER B SEMESTER HOLIDAYS (NO CLASSES) – TUESDAY, July 4