

IUF 1000: WHAT IS THE GOOD LIFE

Fall 2017

Online Lectures: To be watched before weekly discussion meeting

INSTRUCTOR

Dr. Sarah Bushey, Adjunct Lecturer in the Humanities

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Office Hours: Thursday, period 7-8 and by appointment

| Section | Time | Location | Discussion leader |
|---------|------|-----------|---------------------------|
| 12GG | R2 | TUR 1105 | Bargrizan, Navid |
| 23B6 | R3 | MAT 0016 | Bargrizan, Navid |
| 2338 | R5 | ROL 205 | Bargrizan, Navid |
| 12GH | R2 | FLI 0101 | Brisotto, Carla |
| 23B8 | R3 | MAT 0007 | Brisotto, Carla |
| 2339 | R5 | TUR 1105 | Brisotto, Carla |
| 2334 | R4 | MCCB 2102 | Bushey, Sarah |
| 234B | R6 | ROG 0129 | Bushey, Sarah |
| 234H | R9 | MAT 0003 | Bushey, Sarah |
| 2344 | W7 | LEI 0142 | Clark, Lynne |
| 234C | R7 | MAT 0010 | Clark, Lynne |
| 234G | R9 | MAT 0002 | Clark, Lynne |
| 2349 | W8 | TUR 2305 | Coenen, Jennifer |
| 12BC | W9 | TUR B310 | Coenen, Jennifer |
| 234A | R6 | MCCA 1142 | Coenen, Jennifer |
| 23C0 | R4 | MAEA 0327 | Dedenbach, Laura |
| 234D | R7 | RNK 0106 | Dedenbach, Laura |
| 234F | R8 | MAT 0002 | Dedenbach, Laura |
| 23C2 | R4 | MAT 0006 | Lee, Jennifer |
| 2337 | R5 | DAU 0342 | Lee, Jennifer |
| 234E | R8 | MAT 0003 | Lee, Jennifer |
| 12BH | W7 | TUR 2333 | Michael Martinez-Hamilton |
| 12BO | W8 | TUR 2334 | Michael Martinez-Hamilton |
| 12B3 | W9 | TUR 2342 | Michael Martinez-Hamilton |

COURSE DESCRIPTION

Drawing on the cluster of disciplines that make up the Humanities and the considerable resources at UF in support of the Humanities, this course enquires into the very nature and experience of being human. Applying multi-disciplinary and cross-cultural approaches to explore the question “What is the good life?” students consider the cost of the good life,

examine how people have chosen to live as members of local and global communities, and analyze conceptions and expressions of beauty, power, love, and health.

COURSE OBJECTIVES

Students are provided instruction in multi-disciplinary approaches used in the humanities to study the good life through an analysis of juxtaposed works of art, architecture, history, literature, music, religion, and philosophy.

- **Content Objectives:** Students will identify how different people from different societies across time conceptualize the good life, what meaning and value individuals ascribe to the lives that they live or want to live, and what are the choices, costs, and benefits of the good life.
- **Communication Objectives:** Students will communicate concepts, expressions, and representations of the good life clearly and effectively in written and oral form as stated in the rubrics of the course.
- **Critical Thinking Objectives:** Students will analyze the conflicts and tensions that arise between the individual and the community, the normative and the exceptional, culture and nature, needs and wants, pleasure and happiness, short-term benefits and long-term consequences of the pursuit of the good life. They will critically evaluate the costs and benefits of the good life in order to make sound decisions.

COURSE FORMAT

Each week students watch web lectures, online context videos, and complete all reading assignments before attending a discussion section meeting led by a lecturer or graduate teaching assistant.

COMMON ACTIVITIES

This course expects students to become actively engaged in experiences unique to UF. As such, course requirements include attending the Good Life Performance at the Phillips Center for the Performing Arts and seeing the Good Life exhibit at the Harn Museum of Art. More information on these activities can be found on the course's Canvas page.

COURSE WEB SITE

- General Good Life course site at <http://undergrad.aa.ufl.edu/hum-course.aspx>
- Course materials are available in Canvas at <https://lss.at.ufl.edu/>

THE UNIVERSITY HUMANITIES & GENERAL EDUCATION REQUIREMENTS

Undergraduates are required to take IUF 1000, What is the Good Life, to fulfill 3 credits of the Humanities General Education Requirement. Additional information is available at

- <https://catalog.ufl.edu/ugrad/current/advising/info/general-education-program.aspx>

TEXTS

The following required readings are available in local bookstores and online retailers either as eBooks or paperbacks:

- Hermann Hesse, *Siddhartha*, translated by Joachim Neugroschel (New York: Penguin Books, 2002). ISBN: 978-0142437186.
- *Sophocles' Antigone*, translated by Ruby Blondell (Newburyport, MA: Focus Publishing, 1998). ISBN: 978-0941051255.

All other required readings and materials are on the course's Canvas webpage.

ASSIGNMENTS AND REQUIREMENTS

1. A forty-five minute Midterm Exam on **Tuesday, October 3 from 8:20 – 9:10 PM (Location TBA)** (160 points, 16% of the course grade)
2. An Essay (1,000-1,250 words) **due 8:00 AM on Monday, November 6 in Canvas.** Detailed instructions will be supplied prior to the due date. (250 points, 25% of course grade)
3. This I Believe (TIB) Audio Essay. Instructions and deadlines for each part of the assignment are in Canvas. (60 points, 6% of course grade)
4. A sixty-minute Final Exam (non-cumulative) during the course's assembly exam scheduled time: **Monday, December 11 from 10:00 – 11:00 AM (Location TBA).** (200 points, 20% of course grade)
5. Discussion Activities. (190 points, 19% of course grade)
 - a. Participation in weekly discussions. (60 points)
 - b. Ten Discussion Board Posts. (100 points)
 - c. Sacred Space Postcard. (20 points)
 - d. Essay Outline and Thesis Statement. (10 points)
6. Common Activities. (40 points, +20 extra-credit points)
Students receive forty points for attending two of the three Common Activities: (i) The Good Life Tour of the Harn, (ii) the Good Life Performance at the Phillips Center, and/or (iii) the Good Life Nature Activity at the Florida Museum of Natural History. Students who attend all three activities receive 20 extra credit points. (40 points, +20 extra-credit points)
7. Attendance in lecture and discussion. (100 points, 10% of course grade)

N.B.: Because Canvas cannot round to whole numbers, the Grade Scale in Canvas has been adjusted to achieve the same affect (e.g., 92.5% = A, 89.5% = A-, 86.5% = B+, etc.).

GRADING SCALE AND ASSIGNMENT SUMMARY

| Grade Proportion | Grade Scale | Grade Value |
|---|---------------|-------------|
| Attendance: 100 points (10%) | 930-1,000 = A | A = 4.0 |
| Discussion Activities: 190 points (19%) | 900-929 = A- | A- = 3.67 |
| Common Activities: 40 points (4%) | 870-899 = B+ | B+ = 3.33 |
| Midterm Exam: 160 points (16%) | 830-869 = B | B = 3.00 |
| Essay: 250 points (25%) | 790-829 = B- | B- = 2.67 |
| TIB: 60 points (6%) | 750-789 = C+ | C+ = 2.33 |
| Final Exam: 200 points (20%) | 720-749 = C | C = 2.00 |
| Total: 1,000 points (100%) | 690-719 = C- | C- = 1.67 |
| | 660-689 = D+ | D+ = 1.33 |
| | 620-659 = D | D = 1.00 |
| | 600-619 = D- | D- = 0.67 |
| | 0-599 = E | E = 0.00 |

<https://catalog.ufl.edu/ugrad/current/regulations/info/grades.aspx>

**Please note: An earned grade of “C-” will not be a qualifying grade for major, minor, Gen. Ed., or basic distribution credit.*

ACADEMIC HONESTY

UF students are bound by The Honor Pledge which states, “We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honor and integrity by abiding by the Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: “On my honor, I have neither given nor received unauthorized aid in doing this assignment.” The Honor Code. On all work submitted for credit by students at the University of Florida, the following pledge is either required or implied: “On my honor, I have neither given nor received unauthorized aid in doing this assignment.” The [Honor Code](#) specifies a number of behaviors that are in violation of this code and the possible sanctions. Furthermore, you are obligated to report any condition that facilitates academic misconduct to appropriate personnel. If you have any questions or concerns, please consult with the instructor or TAs in this class.

STUDENTS WITH DISABILITIES

Please do not hesitate to ask for accommodation for a documented disability. Students requesting classroom accommodation must first register with the Dean of Students Office (<http://www.dso.ufl.edu/drc>). The Dean of Students Office will provide documentation to the student, who must then provide this documentation to the Instructor when requesting accommodation. Please ask the instructor if you would like any assistance in this process.

OTHER POLICIES, RULES, AND RESOURCES

1. *Handing in Assignments:* Assignments due in class should be handed directly to your discussion leader. **All other assignments must be submitted online in Canvas.**
2. *Attendance and Make-up Policy:* Requirements for class attendance and make-up exams, assignments, and other work in this course are consistent with university policies: <https://catalog.ufl.edu/ugrad/current/regulations/info/attendance.aspx>
 - In the case of an absence due to participation in an official university activity, observance of a religious holiday, performance of a military duty, or any other university-approved absence (e.g., jury duty) which the student knows about in advance, the student is expected to notify the instructor of the conflict *before the assignment is due*, and if possible at the start of the semester.
 - If a student does not hand in the Essay on time and an extension has not been granted, the Essay will be marked down 1/3 grade (e.g., from B+ to B) for each day it is late.
 - For all other assignments, the students will not be granted an extension or be permitted to make up the assignment without an acceptable reason, such as an illness or serious family emergencies, in accordance with [university policies](#) on absences.
3. *Grading Policy:* If you have questions about your grade on an assignment, please make an appointment to meet with your TA within a week after the assignment has been returned so your TA can explain how you were graded. If after meeting with your TA, you wish to dispute your grade, you may email your instructor to request that the instructor re-grade the assignment. The instructor will then re-grade the assignment and the second grade will stand, regardless of whether it is higher or lower than the original grade. You may request re-grading or dispute a grade up to one week after the assignment has been returned to you or the grade released.
4. *Common Courtesy:* Cell phones and other electronic devices must be set to vibrate mode during class. Students who receive or make calls or text messages during class will be asked to leave and marked absent for the day. The instructors may ask a

student engaging in disruptive behavior, including but not limited to whispering or snoring, to leave the class, and the student will be marked absent for the day.

5. *Counseling Resources*: Resources available on-campus for students include the following:
 - a. University Counseling and Wellness Center, 3190 Radio Rd, 392-1575;
 - b. Student Health Care Center, 392-1161; and
 - c. Dean of Students Office, 202 Peabody Hall, 392-1261, umatter.ufl.edu.
6. *Course Evaluation*: Students are expected to provide feedback on the quality of instruction in this course by completing online evaluations at evaluations.ufl.edu. Evaluations are typically open during the last two or three weeks of the semester, but students will be given specific times when they are open. Summary results of these assessments are available to students at <https://evaluations.ufl.edu/results/>.
7. The Materials and Supplies fee for the course is \$10.65.

WEEKLY SCHEDULE

PART 1: THE INDIVIDUAL

WEEK 1: THINKING ABOUT THE GOOD LIFE (August 21-25)

Week One:

1. Joel Kupperman, *Six Myths About Happiness*, Chapter 1.
2. David Wallace, "This is Water." (video)

WEEKS 2 – 3: SEEKING THE GOOD LIFE (August 28-September 1)

Week Two:

1. Henry D. Thoreau, *Walden*, Chapter 2: "Where I Lived, and What I Lived For."
2. David Hackett, multimedia lecture on H.D. Thoreau
3. National Geographic, "Inside Mecca." (video)

Week Three:

1. Hermann Hesse, *Siddhartha*, read complete text.
2. David Hackett, multimedia lecture on "Leaving Home"
3. David Hackett, multimedia lecture on "Encountering Obstacles" and "Enlightenment"

WEEKS 4 – 5: EMBODYING THE GOOD LIFE (September 11-22)

Week Four:

1. Susan Bordo, *Unbearable Weight: Feminism, Western Culture, and the Body*, “Reading the Slender Body,” 185-212.
2. Kevin Connolly, *Double Take: A Memoir*, Chapter 3: “What If?” and Chapter 11: “Snapshot.”

Week Five:

1. Mike Webster Sports Injury Series and Timeline: “The NFL’s Concussion Crisis”
2. Rebecca Skloot, Excerpt from “The Immortal Life of Henrietta Lacks”
3. NPR Audio Interview with Rebecca Skloot: 'Henrietta Lacks': A Donor's Immortal Legacy

PART 2: SOCIETY

WEEKS 6 – 7: SHARING THE GOOD LIFE (September 25-October 5)

Week 6

1. Kenneth Fletcher. “Befriending Luna the Killer Whale.”
2. “Don’t Touch the Whale” (video clip)
3. Clive Thompson. “I’m So Totally, Digitally Close to You.”

Week 7

1. Mark Twain, *The Diaries of Adam and Eve*, 55-62.
2. Brenda Smith, multimedia lecture on The Diaries of Adam and Eve

Assembly Mid-Term Exam Tuesday, October 3 at 8:20-9:10 PM (location TBA)

WEEK 8: CELEBRATING THE GOOD LIFE (October 9-13)

1. Abraham Joshua Heschel, *The Sabbath*, Chapter 1, “A Palace in Time,” 12-25.
2. Brenda Smith and Ron Burcher, multimedia lecture on Beethoven's "Ode to Joy”
3. Leonard Bernstein’s “Ode to Joy” (video)
4. Som Sabadell flashmob, “Ode to Joy” (video)

WEEKS 9 – 10: FIGHTING FOR THE GOOD LIFE (October 16-27)

Week Nine:

1. Sophocles, *Antigone*. (Entire text)
2. Victoria Pagan, Multimedia lecture on *Antigone*, Part 1 and 2

Week Ten:

1. Martin Luther King Jr., “Letter from a Birmingham Jail.”
2. Martin Luther King, Jr. on NBC's Meet the Press, 28 March 1965 (video)
3. *Wo-haw Between Two Worlds* (drawing)
4. Elizabeth Ross, Multimedia lecture on *Wo-Haw Between Two Worlds*

PART 3: NATURE AND THE PHYSICAL ENVIRONMENT

WEEK 11: OWNING THE GOOD LIFE (October 30-November 3)

1. Geraldine Brooks, “The Painted Desert.”
2. Elizabeth Ross, Multimedia lecture on The Painted Desert
3. Michael Sandel, *What Money Can't Buy: The Limits of Markets*, Introduction, 3-15.
4. New Economic Thinking: Michael Sandel, The Moral Limits of Markets (video)

WEEK 12: SUSTAINING THE GOOD LIFE (November 6-9)

1. Aldo Leopold, *A Sand County Almanac and Sketches Here and There*, “The Land Ethic,” 201-206.
2. David Hackett, Multimedia lecture on The Land Ethic
3. Wangari Maathai, *Unbowed: A Memoir*, Chapter 6: “Foresters without Diplomas,” 119-138.
4. Strides in Development: Wangari Maathai & the Green Belt Movement and “I will be a hummingbird” (videos)
5. Sylvia Earle, “How to Protect the Oceans” TED talk.

Essay due 8:00 AM on Monday, November 6 in Canvas

WEEK 13: CONSTRUCTING THE GOOD LIFE (November 13-17)

1. Margaret Carr, Multimedia Lecture on Sacred Spaces.
2. Kirk Savage, *Commemorations: The Politics of National Identity*, “The Politics of Memory: Black Emancipation and The Civil War Monument,” 127-149.
3. PBS Documentary: The Shaw Memorial (video)
4. Randy Hester, “Subconscious Landscapes of the Heart.”
5. David Hackett, Multimedia lecture on Subconscious Landscapes of the Heart

Sacred Space Postcard due by discussion section meeting

PART 4: EPILOGUE (THIS I BELIEVE)

WEEKS 14–16: ACHIEVING THE GOOD LIFE (November 20-December 6)

This I Believe. Web Project.

1. Herodotus, *The History*, translated by David Greene, 1.29-45, 85-87 (on Solon and Croesus)

Final Exam (non-cumulative) on Monday, December 11 from 10:00 – 11:00 AM (Location TBA)

The Final is an assembly exam, which must be taken at its formally scheduled time. Every student must make whatever arrangements are necessary to be present on this day and at this time to take the final. An alternate time will not be granted unless there is an acceptable reason for the student's absence as specified in the undergraduate catalog and only if necessary written documentation is provided. For university policies on final examinations, please consult

<https://catalog.ufl.edu/ugrad/current/regulations/info/exams.aspx>

FALL HOLIDAYS (NO CLASSES)

September 5: Labor Day
October 5: Homecoming
November 9: Veteran's Day
November 22-24: Thanksgiving